



The Piedmont Yoga Studio is pleased to present:

# VEDIC CHANTING

Ancient Sounds of Mystery  
followed by a Vedic Fire Ceremony  
with Nicolai Bachman

Sunday, November 11, 2012

2:00 - 5:00 pm • Studio 1

\$50 registration before 11/4 \$65 thereafter



Tap into the power of Vedic sound by chanting certain mantras exactly as they have been done for thousands of years. Pay homage to earth, water, fire, air, space, sun and moon which support, nourish and influence us every day. This is the oldest system of organized chanting and has been used to preserve the Vedas orally for millenia. Up to three Vedic verses will be taught and practiced. A Vedic Fire Ceremony (Homa and Agni Hotra), in which everyone can offer something into the fire while chanting a mantra, will follow, culminating at sunset.



Nicolai has been teaching Sanskrit, chanting, yoga philosophy and Ayurveda since 1994. He has a knack for synthesizing and organizing complex topics into simple and understandable presentations. His education combines informal, traditional study with the academic rigor of university classes. He holds an M.A. in Eastern Philosophy, an M.S. in Nutrition, and is eRYT500 certified. Nicolai has authored several Sanskrit book/CD learning tools including 108 Sanskrit Flash Cards, The Language of Ayurveda, and by Sounds True, The Language of Yoga, The Yoga Sutras: An Essential Guide to the Heart of Yoga Philosophy, and The Path of the Yoga Sutras.

[www.SanskritSounds.com](http://www.SanskritSounds.com)



Registration: Vedic Chanting

Fee: \$50 before 11/4, \$65 thereafter • Sunday, Nov. 11 • 2:00-5:00 pm • Studio 1

Name \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Address \_\_\_\_\_ Evening Phone \_\_\_\_\_

City/State, Zip \_\_\_\_\_

E-mail address \_\_\_\_\_

Workshop fee: \$50 by 11/4. \$65 thereafter.

Make checks payable to: Piedmont Yoga Studio and mail with this registration form to Piedmont Yoga Studio, P.O. Box 11458, Oakland, CA 94611.